

# Forbidden Health

by

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## Protocol G: as in Gas

(Using only the chlorine dioxide gas)

Protocol G, or the Gas protocol, takes advantage of the healing benefits that come from the direct application of chlorine dioxide gas, which can be produced in both internal and external environments. The skin functions as an osmotic membrane, with the ability to exchange chemicals from inside the body to the exterior, and vice versa, through transpiration.

Exposure to chlorine dioxide gas is an effective way to cover a large surface area of the body or to treat a specific area. It produces good results, but be careful with exposure time; more than 5 minutes of exposure can cause irritation.

- This protocol is for external use.
- Never inhale the gas for a prolonged period.
- There are different methods for the protocol, for large and small surface areas.

## Protocols with gas

1. Using a **glass for small areas**. The gas is activated in a glass to cover small surfaces or disinfect body parts.
2. Using a **bag for large areas**. The gas is activated in a container that is placed inside a bag large enough to cover a greater skin surface area or even the whole body.

### Gas protocol using a glass

1. Activate 6–8 drops of CD in a glass, without adding water.
2. Immediately place the affected area over the rim of the glass, trapping the gas inside the glass. Be very careful not to let the liquid touch the skin. The exposure time is typically three minutes. To avoid irritation, never expose skin to the gas for over 5 minutes.
3. The treatment usually takes 1–3 minutes and can be repeated as many times as necessary, at one-hour intervals.



Fig. 27A: Protocol G (gas) - Chlorine dioxide gas applied to a sore on an arm.

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**The evaporating gas is the disinfectant; there is no need to wet the area.**

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Fig. 27B: Protocol G (gas) - Chlorine dioxide gas applied to an ear

The treatment is also useful for **ear ailments**. Place the glass over the ear opening, allowing the gas to penetrate deeper into the affected area, often inaccessible to liquids due to inflammation that narrows the ear canal.

*Activate 6–8 drops of CD without water.*

The protocol is also very convenient for use on animals that don't often tolerate fluid in their ears. In this case, reduce the number of drops according to the size of the glass.



Fig. 28: Chlorine dioxide gas used to treat a cat's ear.

## Gas protocol using a bag:

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**This method is used to treat large areas of skin, or when ingestion is not possible.**

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1. First, make a “giant” bag out of two or more large garbage bags pieced together so that the patient can fit inside comfortably and be covered entirely, except for their head, which must always remain outside the bag to avoid inhaling the vapors.
2. To allow the gas to reach everywhere, patients should take off their clothes before getting into the bag.
3. Activate 30 drops of CD in a glass or porcelain container, without adding any water, and place it inside the bag.
4. The patient steps inside and pulls the bag up around their neck, closing it firmly from the inside.

*The objective is to trap the released gases inside the bag to disinfect the skin, penetrating its outer layers and removing bacteria, viruses, and fungi.*



Fig. 29: Protocol G (gas) using a bag to expose the entire body to chlorine dioxide gas.

### Things to keep in mind:

- This protocol replaces any oral treatment.
- It may be performed up to three times a day, at the most.
- The patient should not wear any clothing, to allow the gas to reach the skin.
- You can treat large surface areas at the same time.
- Avoid breathing the gas.