



Protocol E: as in Enemas

Protocol E, the enema protocol, is one of the most effective, aside from ingestion, because it allows the absorption of CD through the intestinal walls so it can travel via the portal vein, directly to the liver. The protocol is therefore highly indicated for all hepatic problems, chronic illnesses, liver poisoning, diverticulitis, parasite removal and harmful intestinal mucus.

Drops are always activated on a 1:1 ratio.

Procedure:

1. Use an enema kit. They usually come with a 2-liter capacity bag or container, which is placed approximately one meter above the patient.
2. Fill the bag or container with warm water and prepare the drops separately in a glass. Once activated, mix with the water in the enema bag.

3. Use ten drops of activated CD (or 10 ml of CDS for delicate cases) per liter of warm water (at approximately body temperature).
4. Apply a bit of Vaseline or body lotion to the tip of the nozzle and insert it into the rectum.
5. The best position is to lie down on the right side to aid the flow of water.
6. When the valve is opened the colon starts to fill with the water. The procedure can be done in several short sessions or all at once, depending on the person's condition and comfort.
7. Try to hold the fluid in for about three minutes before evacuating, to enhance the effectiveness of the treatment. More than five minutes is not necessary.

10 drops of activated CD per liter of warm water or, as an alternative, 10 ml of CDS per liter of warm water

This protocol is essential for chronic liver ailments, parasitosis, autism and gastrointestinal diseases.

Frequency of treatment

According to the patient's condition and degree of illness, the treatment is administered up to once a day, preferably in the evening, before bed. As a rule of thumb, it can be repeated every two to three days for one to two weeks.

Some people have reported using this protocol up to twice a day, for prolonged periods, for the treatment of serious illnesses, and in most cases, with no harmful side effects. The best policy is to adapt it to each person.

Seawater can be added: 1 part of seawater to 3 of fresh water.

Many people have found the YOGUI method very useful:

- 3 consecutive nights.
- 3 nights, every other night.
- 3 nights, every 3 days.
- 3 nights, one night a week.

While this protocol is effective for hemorrhoids and rectal fissures, for those conditions, it is easier to apply the R (Rectal) Protocol with a rectal irrigator.

Notes:

- » Most diseases originate in the gastrointestinal system.
- » CD removes toxicity and disintegrates adhesions. The elimination of toxicity reduces fatigue.
- » CD removes biofilm, bacteria, candida, fungi, encapsulated fecal matter, and parasites.
- » The portal vein* provides quick access to the liver from the colon.
- » Blood flows through the liver every three minutes.
- » The protocol is an easy and quick way of detoxing the liver and blood.
- » It is effective against chronic and autoimmune illnesses.
- » This method was known in ancient times and was common practice up until the 1960s.
- » It is currently less known because some see it as unsanitary.
- » It is an essential Hindu method for healing.
- » It is indispensable for detox therapies.
- » One daily stool means intestinal health.
- » This protocol is a **substitution** for oral treatments in most cases.